

**North American Wildflowers and Sashiko Workshop
with Sylvia Pippen**

Beginner, Trillium, Wild Rose, Iris, Echinacea, Canada lily

More advanced: Bleeding Hearts, Lupine, Columbine, Coreopsis

California Poppies: Pattern is available in my new book, *Paradise Stitched*.

Choose one wildflower and learn pattern transfer, sashiko techniques, and how to pre-form perfect shapes ready to appliqué with the press-over heat resistant Mylar method. I will demonstrate embellishing with simple embroidery stitches and finishing techniques.

Supplies:

- Optional: **Paradise Stitched** by Sylvia Pippen. Read chapters on Sashiko, appliqué, and fabric selection for a head start. Purchase if you want to do the *California Poppies* project.
- Small sharp pointed cloth and paper scissors
- Thimble
- Embroidery needles
- DMC cotton embroidery thread: Black, Yellow, Orange, White, Red
- Applique pins & needles
- Baste-it fabric glue
- White transfer paper
- Appliqué thread
- Packet of Clover small to medium assorted sashiko needles or any strong needle with a sharp point and big eye
- Sashiko thread white or light green or Perle cotton #5
- Thread conditioner: Thread heaven or beeswax
- Fine line permanent black marking pen, white chalk pencil, ball point pen
- Hobbico or other small craft iron such as Clover mini-iron
- Tabletop firm small ironing board
- Spray starch and paper towels

Fabric requirements: Bring the following if you don't buy a kit:

- For appliqué background: 1/2 yd indigo Suggestion: Kaufman Kona dark cotton solid or Marbleous dark mottled cotton. No batik.
- For appliqué: scraps of a variety of batiks and other cotton fabrics

Class fee: Heat resistant Mylar (\$1 sheet) & Wildflower pattern: \$10.00 (payable to instructor in class)

I will have for sale in class if you can't find them in your local quilt store:

- White transfer paper 9"x 12" \$1 a sheet
- Sashiko thread \$3 Sashiko needles \$3.50
- Superior threads Bottom Line and Masterpiece bobbins for appliqué

Kit fee: Optional: \$35.00 Contents: 1 wildflower pattern, background fabric, white sashiko thread, batik and other fabrics for appliqué flowers, 1 sheet of heat resistant Mylar. Batting, backing and borders not included.

Please order Kits in advance by website or phone: 808 981-2681
www.sylviapippendesigns.com