

Bamboo Garden Workshop with Sylvia Pippen

Hibiscus is Hawaii's state flower and Heliconia, a dramatic tropical cut flower. This quilt combines hand sashiko and appliqué. Learn how to transfer the pattern, sashiko techniques, and three appliqué methods: paper-pieced, needle-turn, and my favorite press-over heat resistant Mylar method for perfect crisp shapes. Explore how to "fussy cut" your fabric to make your leaves and petals luminescent and dimensional. The fine points of finishing your quilt will be demonstrated.

Finished quilt size: 22½ "x 30½"

Materials

Yardage is based on 42"-wide fabric:

- Copy of ***Paradise Stitched*** by Sylvia Pippen. Contains instructions and pattern for ***Bamboo Garden***. Please read before coming to class to help you choose your fabrics and supplies.
- 1 & 1/3 yard McKenna Ryan Silent inspirations "Sky" or other indigo to blue-green graduated fabric for background, outer border and binding. Avoid batiks with a high thread count because it is difficult to pull heavy sashiko thread through it.
- 1/4 yd graduated light to medium blue batik for inner border
- 1/3 yd or scraps of streaked graduated red fabric for Hibiscus
- 1/3 yd or scraps of streaked graduated yellow orange fabric for Hibiscus
- 1/3 yd or scraps of mottled orange-red and purple fabric for Heliconia
- 1/3 yd or scraps of green fabric with linear lines for leaves
- 7/8 yard of fabric for backing (not needed in class)
- 27" x 35" piece of low-loft batting (not needed in class)
- White design transfer paper
- One 8½" x 11" Mylar template sheet
- Tape
- Fine tip permanent marker pen
- White and silver chalk pencils
- Craft iron
- Hard surface small ironing board
- Spray starch
- Japanese sashiko needle or any sharp needle with a big eye
- White sashiko thread or #8 perle cotton
- Applique needles
- Applique pins or glue baste
- Your favorite appliqué thread. I like YLI #100 Silk thread or #60 machine embroidery thread. k

If you want a fabric kit, please preorder through my website or by phone:
www.sylviapippendesigns.com 808 981-2681

I will have for sale in class if you can't find them in your local quilt store:

- **Transfer paper \$4 for 18"x 36" sheet**
- **Mylar \$1 per sheet**
- **Sashiko thread \$3**
- **Sashiko needles \$3.50**
- **Superior Threads Bottom line and Masterpiece for appliqué.**