

**CREATIVE SELF-PORTRAITS  
SUPPLY LIST  
INSTRUCTOR: CHARLOTTE ROGERS**

How do you see yourself? Are you a gardener, pet lover or sweetheart? Now you can create your own self-portrait and let everyone know how fun you really are. These fast and fun little quilts can become the basis for a series of art quilts to express your changing image throughout the year.

**Fabric Requirements:**

- 5 yards of double faced fusible such as Wonder Under or Steam a Seam II
  - Pencil for drawing (a mechanical pencil is good)
  - Selection of bright, colorful fabrics in cotton prints, dots, batiks, and novelty patterns
  - Background fabric in a single color or print
  - Fat Quarter to back quilt
  - 18 X 20 piece of thin cotton batting
  - Thread for decorative stitching.
- These can be variegated cotton or polyester, rayon, or solids.

**Basic Supplies:**

- Sewing machine in good working order (bring guide book)
- Extra bobbins
- Applique foot (#20 on Bernina)
- Free motion quilting foot.
- Zigzag throat plate
- Small cutting mat (12 X 18) or larger
- Rotary cutter with new blade
- Scissors for both fabric and paper
- Iron
- Small ironing pad if you have one
- Non-stick pressing sheet or parchment paper

**Journal or Idea Book:** If you use a journal or idea book to document your quilting journey please bring it. If you have not started an idea book now is the time. Pick up an inexpensive journal and bring it to class.

If you have questions prior to class please call: Charlotte Rogers 559-582-7228